Washoe County Senior Services
Benefit Check List 2014

Programs and services available to residents 60 and over
775.328.2575 or visit www.co.washoe.nv.us/seniorsrv

Reno Senior Center
1155 E. 9th Street
Reno NV 89512
775.328.2575
M-F 8am-5pm

*Sparks Senior Center
97 Richards Way
Sparks NV 89431
775.353.3110
M-F 9am-3:30pm

*Neil Road Community Center
3925 Neil Road
Reno, NV 89502
775.689.8484
M-F 9am-9pm

*Sun Valley Senior Center
115 W. 6th Avenue
Sun Valley NV 89433
775.673.9417
M-F 9am-1pm

* There are no social workers at the Neil Road, Sun Valley, or Sparks centers

Congregate Meals: Meals are served Monday through Friday at above centers. Reservations for lunch are required at the Neil Road, Sun Valley and Sparks Senior Centers. You must call before 9:00am to reserve a lunch.

SENIOR SOCIAL SERVICES at Reno Senior Center

Assist individuals 60+ in the community maintain independence

- **Case Management:** Assist individuals maintain benefits; identify available providers, assessment of needs.
- **Home Delivered Meals:** Meals delivered to individuals 60+ who are homebound due to physical or mental health conditions that prohibit them from eating at a congregate setting and preparing their own meals at home.
- **Homemaker Services:** Light Housekeeping to eligible individuals 60+.
- **Representative Payee:** Assist individuals 60+ managing Social Security benefits. Fee for service may apply.
- **Information and Referral (ADRC):** Assistance with access to long-term support for seniors, people with disabilities and caregivers. Call 775.328.2575 or visit nevadaadrc.com for more information. Senior Services is a Care Connection site.

DAYBREAK PROGRAM (Adult Day Care) at Reno Senior Center 775.328.2591

Adult day health care program providing care and socialization. Program hours are Monday - Friday from 7:30am - 5:30pm. Community health aides and nurses provide; health monitoring, medication management and therapeutic activities including with assistance with activities of daily living. (English/Spanish)

- Must be: 18 years or older, have physical or cognitive deficits which make individual unable to be home alone.
- Payment Sources Accepted: Medicaid, Veteran Administration, HCAP (Washoe County Healthcare Assistance Program), Respite Grants and Private Pay (cost sharing applies).
Free legal services to residents of Washoe County, 60+, SLP PROVIDES NO ASSISTANCE IN CRIMINAL MATTERS.

- Housing Counseling: Services to resolve housing problems, landlord-tenant issues, negotiations regarding loan modifications or alternative solutions.
- Representation in courts and administrative agencies in civil matters: Full representation in issues within areas listed above.
- Pro Bono Programs: Cooperating private attorneys provide representation for no cost to qualifying seniors. Generally for wills and probate – some real estate and consumer.
- Elder Protective Rights - discrimination and enforcing nursing home rights
- Advance Directive/ Lifetime Planning: Create a will, living will or power of attorney for health care for medical decisions.
- Community Education: Legal education, such as; legal rights of those with dementia, tenant rights, and predatory lending.
- PUBLIC ENTITLEMENTS - Social Security, Medicaid; Access to Health Care

WASHOE LEGAL SERVICES
299 S Arlington Ave Reno, NV 89501
775.329-2727
washoelegalservices.org

Legal Ward Representation: Provide legal representation services to persons who are being considered by the Court for guardianship or who are currently under guardianship

AGING & DISABILITY SERVICES DIVISION
445 Apple St. #104, Reno, NV 89502
775.688.2964
nvaging.net

- ELDER PROTECTIVE SERVICES (EPS): 1.888.729.0571
  Reporting agency for abuse, neglect, self-neglect, exploitation and isolation for those 60+.
- HOMEMAKER PROGRAM (TITLE XX): Gross monthly household income: (1) Person $1,053.00, assets under $10,000; (2) People $1,421.00, assets under $30,000. Supportive homemaking services to those 60+ or deemed disabled by Social Security
- HOME AND COMMUNITY BASED WAIVER (HCBW): Gross monthly household income: (1) Person – under $2,163.00, assets under $2,000; Individuals 65+, provides homemaking and personal care services to help maintain independence in home or group care.
- COMMUNITY SERVICE OPTIONS PROGRAM FOR THE ELDERLY (COPE): Gross monthly household income: under $3,063.00, assets under $10,000 for an individual and under $30,000 for couple. Program provides homemaking and personal care services to those over income for the Home and Community Based Waiver Program.
- PERSONAL ASSISTED SERVICES (PAS): Assist personal and respite care, No asset limit, over income for Medicaid. Require assist with 2+ activities daily living; other criteria apply.

(Contact the agency to confirm all factors that may affect eligibility)
### Community Support Services cont.

**VETERAN’S BENEFITS**
Sierra NV Healthcare System (VA Hospital) 1000 Locust St, Reno, NV 89502  [reno.va.gov](http://reno.va.gov)
Veteran Service Officers (VSOs): 5460 Reno Corporate Drive Reno, NV 89511

**Community Transportation**

**RTC PARATRANSPORT SERVICES (ACCESS)**
Customer Service:  [rtcwashoe.com/home](http://rtcwashoe.com/home)
775.348.0477
Door-to-door pre-scheduled van service for individuals with disabilities who are unable to independently use the RTC RIDE transit bus. Must be approved to use services.

**VETERANS –VOLUNTEER TRANSPORTATION NETWORK to VAMC**
Call for appointments: 775.829.5660

**WASHOE SENIOR RIDE**
Washoe County Senior Center 1155 E. 9th Street, Reno, NV 89512  [washoecounty.us/seniorsrv](http://washoecounty.us/seniorsrv)
775.328.2575
Purchase a book of taxi coupons for $15 worth $20 in taxi service, limit 2 per month. 65+ or ACCESS authorized rider, Washoe County resident and household income below $40,000 yearly. Sign up in person at the front desk of the Reno Senior Center.

### Food Assistance Services

**SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP)(FOOD STAMPS)**
[dwss.nv.gov](http://dwss.nv.gov)
Reno: 4055 South Virginia Street Reno, NV 89502 775.684.7200 Fax: 775.448.5094
Sparks: 630 Greenbrae Drive Sparks, NV 89431 775.824.7400 Fax: 775.824.7450
Eligibility is determined by Division of Welfare and is based on household size and income
Maximum gross monthly household income limits (up to 200% FPL):  (1) Person - $1,944.00  (2) People - $2,624.00
CATHOLIC CHARITIES OF NORTHERN NEVADA/ST. VINCENT’S DINING ROOM PROGRAM
325 Valley Road, Reno, NV 89512

Hours year-round 11:30 – 12:30 Monday - Saturday
Daily free meals to individuals and families, no identification or income needed to eat.

CATHOLIC CHARITIES OF NORTHERN NEVADA/ST. VINCENT’S FOOD PANTRY
500 E. Fourth Street, Reno, NV 89512

Hours year-round: 9am – 5pm Monday-Friday and 9am – 3pm Saturday
Program provides food once a month, per family based on size; daily program provides smaller allocation.

WASHOE COUNTY SENIOR SERVICES FOOD DISTRIBUTION PROGRAMS:
Washoe County Senior Center 1155 E. 9TH St., Reno, NV 775.328.2575

❖ PANTRY BAG PROGRAM (ASSISTANCE LEAGUE PANTRY) renosparks.assistanceleague.org

Third Tuesday of each month: 9:00am-11:00am
Must be 60 years of age or older, and show proof of Washoe County residency
Gross Household income limits: (1) Person $1,245 (2) People $1,681
Only 1 set of bags will be provided per household; limited number available.

❖ USDA COMMODITIES fns.usda.gov/csfp/commodity-supplemental-food-program-csfp

First Thursday of EVERY OTHER month starting January: 8:00am-10:00am
Gross household Income Limits: (1) Person $1,436.25 (2) People $1,938.75

NORTHERN NEVADA FOOD BANK (CSFP) 775.331.3663 or visit fbnn.org

Third Thursday of each month: 9:30am-11:00am
Gross Household Income Limits: (1) Person $1,245 (2) People $1,681
Monthly commodity food to Individuals 60+ who meet income limits. Distributes close to various neighborhoods. Please call Northern Nevada Food Bank for more information.
RENO HOUSING AUTHORITY  
1400 Silverada Blvd, Reno, NV 89512  775.331.5138

Low income housing for individuals and families.

LOT RENT SUBSIDY  -  State of Nevada Department of Manufactured Housing Division  
mhd.nv.gov 
1535 Old Hot Springs Rd. #60, Carson City, NV 89706  775.687.2060  Fax: 775.687.5521

Assistance with monthly lot rent costs when you own the mobile home. Call for more information.
Gross monthly household income limits: (1) person $972.50 (2) people $1,310.83

VOLUNTEERS OF AMERICA (HOMELESS HOUSING)  
voa.org 
315 Record Street #200, Reno, NV 89512  775.329.4141 (men)  775.329.4145 (women)  Hours year-round 10 a.m. Mon - Sun

Men’s and Women’s shelter, intake done daily at 10am, curfew is 9 p.m. No identification needed, intake completed by case manager to authorize stay. Pending eligibility can stay up to 90 days every 6 months.

RENO-SPARKS GOSPEL MISSION, INC. (HOMELESS HOUSING)  
rgsm.org 
355 Record Street, Reno, NV 89512  775.329.0485

Men’s shelter for those 60+, 10 nights per month, offer dinner, showers and mat to sleep on, need identification to prove age, must check in previous to 6p.m, contact shelter any time during day hours for vacancy.

SEWER REBATE CITY OF RENO or CITY OF SPARKS
Reno:  Sewer Rebate Program, P.O. Box 1900, Reno, NV 89505  775.334.2365  or visit  reno.gov
Sparks:  Sewer Rebate Program, Finance Dept., P.O. Box 857, Sparks, NV 89432-0857  775.353.2360  or visit  cityofsparks.us

Rebate toward yearly cost of sewer services for seniors. Residents of the City of Reno or Sparks, home owner or renter and receiving benefits from one of the following: Energy Assistance Program, SSI, SSD, VA.  Reno: July 1st - August 31st  Sparks: April 1st - June 30th

CARE CHEST OF NORTHERN NEVADA  
carechest.org 
7910 N. Virginia Street, Reno, NV 89506  775.829.2273

Non-profit agency provides medical equipment and supplies free of charge to Nevada residents. Call for more information.
ENERGY ASSISTANCE PROGRAM (EAP/LIHEAP)  
dwss.nv.gov  
2527 N. Carson St. #260 Road, Carson City, NV  89706  
Division of Welfare and Supportive Services (DWSS)  
775.684.0730 or 800.992.0900  
Eligible households receive a once yearly benefit paid directly to their energy provider. If not currently on program or received benefits within last 12 months apply now; if you have received benefits in the last 12 months a notice will be mailed when it’s time to reapply. Gross monthly household income limits: (1) Person - $1,436.00 (2) People - $1,939.00  
Household’s countable assets do not apply to this program; other restrictions may apply. Income guidelines change yearly.

AT&T UNIVERSAL LIFELINE Telephone Service  
att.com/lifeline  
AT&T Lifeline Nevada, P.O. Box 4600, Waterloo, IA  50704-4600  
1.800.288.2020  Fax: 1.800.295.7495  
AT&T Nevada residential customers who meet eligibility requirements. Discounted rate on basic home phone services. No asset limits. Qualification is based on gross income, live on tribal land or receive benefits from the following programs: Food Stamps, Federal Public Housing, SSI, Medicaid, Energy Assistance Program, Temporary Assistance for Needy Families, National School Lunch Program. Gross monthly household income limits: (1) Person - $1,676.00 (2) People - $2,262.00

SALVATION ARMY OF RENO  
salvationarmy.usawest.org  
1931 Sutro Street, Reno, NV 89512  
775.688.4555 ext. 241  
Dental assistance is limited to one tooth extraction per 6-month period, contact office for scheduling and further information. Vision check and assistance with obtaining glasses yearly; contact office for further information. Home starter kit Supplies kitchen starter set and bed, one time assistance, contact 688-4555  
Food Box 1 every 2 months with I.D, proof of residency and current income, Gross Income Limits: (1) Person $1,806 (2) People $2,430  
Bread distribution available 12:30 first come, first served, Monday – Friday, 18+, no identification or proof income needed. Community Assistance Office Open from 9:00 - 11:30 and 1:30 - 3:30 weekdays

NEVADA’S SENIOR Rx AND DISABILITY RX PROGRAM  
dhhs.nv.gov/seniorrx.htm  
3416 Goni Rd. Bldg D Suite 132, Carson City, NV  89706  
1.866.303.6323  
Medications at a discount; must be at least 62+ or 18-61 with disability, Nevada Resident for one year. Gross monthly household income limits: (1) Person - $2,274.00 (2) People $3,031.00
SUPPLEMENTAL SECURITY INCOME (SSI): Monthly cash benefit for persons; 65+, blind or disabled having low income and resources. Call SSA for additional information & requirements.

**MEDICARE** 1.800.633.4227 or visit medicare.gov

**Part A: Hospital Insurance:** helps pay inpatient care in a hospital or skilled nursing facility, some home health care and hospice care. Monthly premium $0 (for most individuals); Deductible and co-pays apply.

**Part B: Medical Insurance:** helps pay for doctors’ services and many other medical services and supplies that are not covered by hospital insurance. Monthly premium $104.90 (2013) may be higher depending on income and when you apply for benefits.

**Part C: Medicare Advantage:** plans are available in many areas. People with Medicare Parts A and B can choose to receive all of their health care services through one of these provider organizations under Part C. Monthly premiums vary depending on plans.

**Part D: Prescription Drug Coverage:** helps pay medications prescribed for treatment. Monthly premiums vary depending on plans.

**Extra Help:** Low Income Subsidy (LIS) - Gross monthly household income limits: up to 135% FPL: (1) person $1,333 (2) people $1,765 Household’s assets must not exceed: (1) person $8,580 (2) people $13,620 Exemptions: Your primary residence and (1) vehicle.

**SHIP Counselors:** Provide information, counseling and assistance to Medicare beneficiaries. **SHIP:** 1.877.385.2345

**DIVISION OF WELFARE AND SUPPORTIVE SERVICES** dwss.nv.gov

Reno: 4055 South Virginia Street Reno, NV 89502 775.684.7200 Fax: 775.448.5094

Sparks: 630 Greenbrae Drive Sparks, NV 89431 775.824.7400 Fax: 775.824.7450

*Eligibility is determined by Division of Welfare and is based on household size and income

**Full Medicaid:** Can help pay some medical co-pays, prescriptions, Medicare B premium and some medical bills. Eligibility is customarily for those receiving a portion of income from SSI. **Medicare Savings Programs:** QMB (up to 100% FPL) - Pays Medicare premiums, some co-pays and deductible; SLMB (up to 120%FPL) and QI1 (up to 135% FPL) - Pays Medicare premiums only

**Gross monthly income:**

- **Individual:**
  - QMB: up to $993 (Amount Includes $20 Disregard)
  - SLMB: $994 - $1,187
  - QI1: $1,187.01 - $1,333

- **Couple:**
  - QMB: up to $1,331 (Amount Includes $20 Disregard)
  - SLMB: $1,332 - $1,593
  - QI1: $1,593.01 - $1,790

QMB/SLMB/QI1 - Levels of coverage based on gross income. Household’s countable assets must not exceed $7,160 single, $10,750 Couple plus $1,500 for burial plan. Asset and resource limits apply: Contact the agency to confirm all factors that may affect eligibility.
NEVADA HEALTH LINK / NEVADA EXCHANGE ENROLLMENT 1.855.768.5465 or visit nevadahealthlink.com

Assistance provided with enrolling in a Qualified Health Plan to ensure compliance with the Affordable Healthcare Act, including Medicaid for those under 65 with low income (income guidelines applied)

ALZHEIMER'S ASSOCIATION OF NORTHERN NEVADA alz.org/norcal
1301 Cordone Ave., Reno, NV 89502 775.786.8061 or 1.800.272.3900

24/7 support, advice and information regarding Alzheimers disease and caregiving issues. Support groups and community resources related to respite care needs, dementia related illnesses. Call for more information.

NEVADA CAREGIVER SUPPORT CENTER 775.784.4335 or visit unr.edu/sanford/ncsc
Sanford Center for Aging – Center for Molecular Medicine Bldg. 1664 N. Virginia Street Reno, NV 89557

Support provided for seniors and caregivers of those with memory disorders. Center provides education and assistance for caregivers of adults with diagnosis of dementia. No asset or income limits apply.

*PLEASE NOTE: The information in this pamphlet is designed to provide general information to Washoe County Seniors about benefit programs available. Every effort has been made to ensure the accuracy of the information; however, individuals are responsible for contacting the appropriate agency to confirm all factors that may affect eligibility. This information is updated annually and income guidelines change at different times during the year.